

Adoption Resources:

Anatomy of the Soul: Surprising Connections between Neuroscience and Spiritual Practices That Can Transform Your Life and Relationships, By Curt Thompson, Thompson, a Christian psychiatrist, looks at the mind-body connection and explains how understanding human stories can improve people's relationships with each other, God, and the world.

Attaching in Adoption: Practical Tools for Today's Parents By Deborah Gray Attaching in Adoption is a comprehensive guide for prospective and actual adoptive parents on how to understand and care for their adopted child and promote healthy attachment

Before You Were Mine: Discovering Your Adopted Child's Lifestory, Carissa Woodwyk. An incredible book that provides deep insight and perspective on embracing your adopted child's birth story

The Connected Child, By Karyn Purvis. A must read to help adoptive and foster parents to better understand how to build strong and lasting connections with their children.

Created to Connect Guide, By Amy and Michael Monroe and Karyn Purvis. A Christian's guide created to help illuminate the biblical principles in **The Connected Child**

Eyes Wide Open Workbook: The Pre-Marital Assessment For Couples That Are Looking To Unite For A Long And Happy Marriage, By Dave Parrott

How We Love Our Kids, By Milan and Kay Yerkovich. Based on research in attachment and bonding, this book gives practical advice on how better to meet your children's love needs.

Nurturing Adoptions: Creating Resilience After Neglect and Trauma, By Deborah Gray

The Out of Sync Child, By Carol Stock Kranowitz. Comprehensive and clear information for parents on Sensory Processing Disorder

Parenting from the Inside Out, By Daniel J. Siegel. This book addresses how a deeper self-understanding can help you raise children who thrive.

The Whole Brain Child, By Daniel J. Siegel. An easy read (REALLY!) that provides valuable ideas on how to help children grow and heal emotionally through every day interaction.

Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families, by Jayne Schooler

[WEBSITES](#)

Empowered To Connect (www.empoweredtoconnect.org)

DVDs produced by the TCU Institute of Child Development (www.child.tcu.edu)

sensoryprocessingdisordermadesimple.com

Children's books:

A Mother for Choco

God Found Us You

He's Got the Whole World in His Hands

I Wished for You

I'd Know You Anywhere

The Skin You Live In

Wherever You Are, My Heart Will Find You

The Wise-Up PowerBook